



## TRAVEL WITH PRIDE!

Short guide to safe, affirming, and unforgettable travel experiences for LGBTQIA+ travelers.



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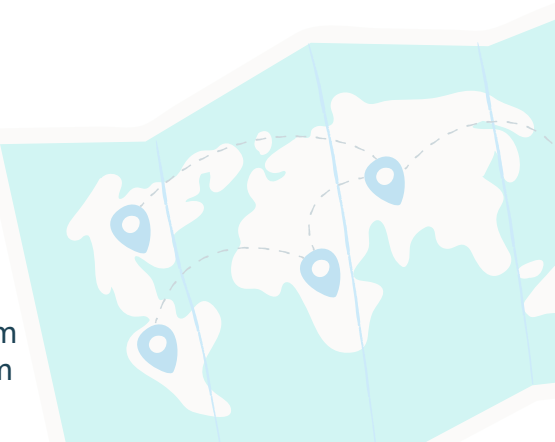
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# Stay Safe and Travel Confidently

While the world is becoming more inclusive, laws and cultural attitudes vary by country. Here's how to stay safe:

- Research your destination's LGBTQIA+ rights and public opinion before you travel.
- Some destinations may have special restrictions on gender markers.
- Be mindful of public displays of affection in areas where rights are limited.
- Consider booking hotels and resorts that openly welcome LGBTQIA+ travelers.
- Seek out local LGBTQIA+ centers, bars & organizations for insider tips.

## Popular LGBTQIA+ Destinations and Travel Resources

### Europe

- **Amsterdam, Netherlands** – A pioneer in LGBTQ+ rights with a lively Pride scene.
- **Barcelona, Spain** – A mix of beaches, architecture, and a thriving LGBTQ+ nightlife.

### Caribbean & Mexico

- **Puerto Vallarta, Mexico** – Popular LGBTQIA+ beach getaway in Latin America.
- **Curaçao** – A Caribbean island with legal protections and an annual Pride festival.

### North America

- **San Francisco, USA** – Known for LGBTQIA+ activism and culture.
- **Toronto, Canada** – Home to Canada's largest Pride celebration.

### Asia & Oceania

- **Thailand** – Welcoming culture and a hotspot for LGBTQIA+ travelers.
- **New Zealand** – Legal protections, stunning landscapes, and inclusive hospitality.

Scan below for links to helpful LGBTQIA+ travel resources



1

ILGA World - Global LGBTQIA+ rights database ([database.ilga.org](http://database.ilga.org))

2

Equaldex - Global LGBTQIA+ rights database ([equaldex.com](http://equaldex.com))

3

U.S. State Department - Travel alerts and safety tips ([travel.state.gov](http://travel.state.gov))

4

IGLTA - LGBTQIA+ travel resources ([iglta.org](http://iglta.org))

